NOVEMBER 2026

Transitions Women's Hearth

MONDAY 9AM-1:30PM	TUESDAY 9AM-3:30PM	WEDNESDAY 11AM-3:30PM	THURSDAY 9AM-3:30PM	FRIDAY 9AM-3:30PM
Hygiene Closet 11AM	Hygiene Closet 11AM	Hygiene Closet 11AM	Hygiene Closet 11AM	Hygiene Closet 11AM
2 Planner Making 10	**3** CHAS Street Med 10 Sisterhood of The Traveling Craft 12-1	**4** Sewing with Patt 12 Boutique 1-3	**5** Wear Law 1-3	**6** CHAS Street Med 10
9 Art Class 10-11	**10** CHAS Street Med 10 Sisterhood of The Traveling Craft 12-1	**11** Veterans Day **HEARTH CLOSED**	**12** Wear Law 1-3	**13** CHAS Street Med 10 Matters Of The Hearth 10:30
16 The Healing Wing 12-1	**17** CHAS Street Med 10 Sisterhood of The Traveling Craft 12-1	**18** Sewing with Patt 12 Event Planning 12 Boutique 1-3	**19** Wear Law 1-3	**20** CHAS Street Med 10 **Community Lunch 11:30**
23 Art Class 10-11	**24** CHAS Street Med 10 Sisterhood of The Traveling Craft 12-1	**25** Sewing with Patt 12 Boutique 1-3	**26** Thanksgiving Day **HEARTH CLOSED** We are thankful for you!	**27** **HEARTH CLOSED**
30 The Healing Wing 12-1 Birthdays 12				

BE KIND ✦ BE HELPFUL ✦ BE RESPECTFUL

Women's Hearth 920 W. Second Ave
Spokane, WA 99201
Phone: (509)455-4249 Fax:(509)325-9877
www.transitionsspokane.org

Reminder: Our community utilizes the last 30 minutes of our open hours to clean and prepare for the following day. Our services begin closing at the final 30 minutes of the day.

Art Class: Join us Monday from 10-11 for a guided art class with Barbara.

The Healing Wing: Grief and loss support group. A supportive and welcoming space to share, reflect, and process thoughts and feelings in the wake of a loss of a loved one. Lead by Madds.

Sisterhood of the Traveling Craft: Join Skylar for community and crafting at the art table. Each week there is a fun project to work on or use the supplies for a project of your own.

Street Med: CHAS Street Medicine Team will be here every Tuesday and Friday morning. Ask staff at the front desk for details.

Planner Making: Come learn how to turn a basic notebook into the planner of your dreams with Ariel. All supplies provided in the class.

Sewing: Join us Wedesdays starting at 12 to learn sewing skills from the talented seamstress, Patt. You can bring your own project ideas or work from pre-planned patterns.

Wear Law: Rosemary Wear is a Social Security lawyer that comes with amazing staff every Thursday from 1-3 to help people with Social Security and Disability applications and inquiries. Please call Wear Law at (509) 252-5053 for more information.

Matters of the Hearth: Join us in conversation about how we create beloved community at the Hearth and how we can improve on how we do it.

Boutique: Need some new outfits and accessories? Come to the Hearth on Thursdays from 1-3 to shop! Ask the front desk to be put on the waitlist upon arrival.

Birthdays: Celebrate all birthdays for the month and connect to the Hearth community.

Hearth's Mission Statement

The Women's Hearth, a program of Transitions, is a safe welcoming community that promotes growth and well-being of body, mind, and spirit for women, trans-women, and non-binary individuals, all with diverse backgrounds. The Hearth fosters nurturing relationships, encourages self-determination, and advocates for change in systems which oppress women, trans-women, and non-binary individuals.

How to ask for household items:

This is exclusively for participants to request and receive household or camping items.
Household items include drinking cups, towels, sheets, hangers, and similar.
Camping items include flashlights, sleeping bags, re-usable water bottles, and similar.

At check-in, please ask for a request form. Fill the form out and give it to staff during the hygiene closet time.
Every week we send our requests to the main office and will receive what we have in stock the following week. If we have your requested item in stock, we will leave a note on the message board when it comes in. If you have any questions, please talk to staff.

The Women's Hearth will not discriminate on the basis of race, color, sexual orientation, gender identity, religion, national origin, creed, marital status, age, or the presence, of any sensory, mental, or physical disabilities in the delivery of service.